

WHAT'S NEXT?

HATCH FESTIVAL *New work by young creatives*

Thurs 3rd & Fri 4th Aug, 7pm; Sat 5th Aug, 3pm & 7.30pm

Ignite Your Creativity! *3-day residency for ages*

13-19 with Theatre Centre — 14th-16th August, 11-4pm



LEWISHAM YOUTH THEATRE

MyLifeNow

Saturday 29th July 2023

LYT Creative Hub,

Lewisham High Street, 3.30pm & 7pm

LYT is a charity.

We rely on donations to remain a free service.

Find out how you can support: <https://bit.ly/supportlyt>

Interested in taking part in LYT or the opportunities above?

email info@lewishamyouththeatre.com

Or speak to one of the LYT team.

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HILLCOTE
TRUST

The
Henry Smith
Charity
founded in 1628

 **BBC
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in Need**


Lewisham

 **COMMUNITY
FUND**


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MyLifeNow

In 2008, LYT created 'MyLife'.

We worked with 'Lightwork', a research theatre company from Central School of Speech & Drama. The young people created a piece of theatre about their lives at that moment. We used multi media, verbatim and movement to explore their lives.

Fast forward fifteen years and we have created 'MyLife Now' - a snap shot of our members lives today. Inspired by the 2008 performance, today's young actors share their lives with you, their hope, dreams and values.

We hope you enjoy exploring their world now, and reflecting on the differences and similarities of your own teenage life.

LYT Team:

Victoria Shaskan	Executive Director
Helen Stanley	Artistic Director
Angus Scott-Miller	Participation Manager
Monique Day	Workshops Co-Ordinator
Isla McGregor	Programmes Administrator
Natalie Parsons	Volunteer Co-Ordinator
Subira Damali	Progression Co-Ordinator
Anna Smith	Production Manager
Molly Cox	My London Manager

Keep up to date with LYT. Follow us online

Mailing list: lewishamyouththeatre.com/get-involved/subscribe

Twitter: @LewYouTheatre **FB:** /LewishamYouthTheatre

Instagram: @LewYouTheatre / @lyt_bulletins

The Cast

Ash Hunter, Jackson Barclay
Isis Johns, Teyanna Green
Leonardo Siligardi, Anton Samyn
Dazzling Akubeze, Malachy Scott
Tamaiah-Leigh Moulton, Mugi Maina
Lashay Francis, Rhys Knox
Marley Litchmore, Diamond Adeyemo
Liberty Onyeneice-Skinner, Sarah Abo

Thanks to: Mary Odofin, Indi Saywer Brooks
& Harvey Griffiths who contributed but
were unable to perform.

**Special thanks to the original 'MyLife' actors:
Dani, Hannah, Jamiel, Chonte, Bryden, Morris, & Letitia who
shared memories of their experiences & made the films for us.**

The Production Team

Angus Scott-Miller Director
Julia Couto Director
Lakeisha Lynch-Stevens Director
Anna Smith Production Manager
Delyth Evans Designer
Pierce Duncan Technical Assistant
Abbie Belsham Stage Manager
Helen Stanley Producer
Dean Coffey Assistant Director
Monique Walker Assistant Director
Naomi, Jim, Robert, Callum, & Kay LYT Technical Crew Members
Misch Technical Placement, Goldsmiths